

**LTEF 5<sup>th</sup> Annual Run Into Summer 5K**  
**Race Information**  
**Califon, New Jersey**  
**Sunday, June 12, 2016**

- **Same Day Registration and Packet Pickup**, Califon Island Park, 8am to 8:45am, Sunday, June 12.
- Please bring a completed USATF Participant Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement for each runner to registration. Please note that there is an adult and minor agreement. **A completed agreement is required to run.**
- Parking is available at Califon Island Park, Califon Train Station, and Couglin Funeral Home.
- The Registration table is located in Califon Island Park, located across from the Califon First Aid Squad at 107 Bank Street, in the pavilion.
- Portable restrooms are located in Califon Island Park parking lot.
- The start line is in front of 3 River Road. Follow the trail from the park (behind the playground) over Mill Street, across Main Street, to River Road. \*Plan on leaving the registration area by 8:50am to ensure adequate time to reach the start line.\*
- River Road is not officially closed to traffic so please be aware of your surroundings and that vehicles may be passing through during the race.
- Please assemble in the northbound lane of the street (closest to the houses) until immediately before the race. **Be mindful of car and bike traffic.**
- Please line up at start according to your pace--if you are a slower runner or walker please line up in the back of the pack. **Walkers please take up the rear.**
- Slower runners and walkers should stay right to let faster runners pass.
- Water is available at the 1.5 mile point when you loop on to the Columbia Trail and at the end of the race at the train station. Refreshments are available in the park.
- Please pin your bib to the front of your shirt. At the end of the race please follow through the race chute and be prepared to return your race bib. We are going **GREEN!**
- After the race, we will have refreshments and an awards ceremony at the finish line.

Thank you for participating and have a great race! Any questions or concerns, please contact Kiersten Robbins at [kiersten.robbins5610@gmail.com](mailto:kiersten.robbins5610@gmail.com).