

# Woodglen Fitness Club

Woodglen Fitness Club is to promote a healthy lifestyle and develop a personal drive while avoiding competitive games. The students will be able to experience a positive and encouraging atmosphere, have fun with friends and classmates and have exposure to different and new fitness topics they never thought about trying! The Fitness Club will be run by Miss Isemann and Mrs. Barnes on the Woodglen Middle School campus (indoor and outdoor). Please dress appropriately!

Participant Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Season of Fitness Club: \_\_\_\_\_

Participant's goal for fitness club: \_\_\_\_\_

\_\_\_\_\_

Guardian's Signature: (I hereby give my child permission to participate in the Woodglen Fitness Club and acknowledge and assume any risk of injury during this activity).

\_\_\_\_\_

Guardian's Name: \_\_\_\_\_ Cell #: \_\_\_\_\_

Emergency Contact (Name & Phone #): \_\_\_\_\_

Additional Information: (Personal concerns, allergies, medications, etc.)

\_\_\_\_\_

\_\_\_\_\_

Thank you for completing this form, please return to Miss Isemann (Room 3) or Mrs. Barnes in the gym office. The best way to contact us is through email:

Miss Isemann – [cisemann@lebtwpk8.org](mailto:cisemann@lebtwpk8.org) & Mrs. Barnes – [jbarnes@lebtwpk8.org](mailto:jbarnes@lebtwpk8.org)

**\*\*ALL PAYMENTS ARE COMPLETED THROUGH THE LTEF WEBSITE (PAYPAL)**

